

Welcome to
St. Luke Cedar Hill
Fourth Sunday After Epiphany
February 1, 2026
10:00 am
Holy Eucharist



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We acknowledge that we gather with respect on the traditional territories of the lək̓ʷəŋən peoples, known in our day as the Esquimalt and Songhees Nations, the traditional custodians of these lands. We are grateful for their hospitality.

Picture on the Front Page:

James, Laura. Sermon on the Mount, Original source: Laura James,
<https://www.laurajamesart.com/collections/religious/>

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Welcome and Introduction (*The Rev. Daniel Fournier*)

Please stand as you are able.

Opening Hymn: CP 306 O for a Thousand Tongues to Sing
(*tune: Richmond*)

Priest: The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit,
be with you all.

All: And also with you.

Invitation to Confession

Priest: Dear friends,
In a culture obsessed with strength and success,
today's readings are startling.
The qualities and behaviors identified in the Beatitudes
look nothing like economic, political or social strength.
Instead, they appear to demonstrate weakness.
Paul tells us that God chose the foolish, the weak,
the lowly and despised
to shame the wise and the strong.
Those of us who say we follow Jesus
have some soul-searching to do.
How do the Beatitudes fit with our professional
or life-style commitments?
How willing are we to engage
in the really hard practices?
As we now listen to God's word

and celebrate this Holy Eucharist,
let us first examine our hearts and minds
as we prepare to confess to our God of Mercy.

Silence is kept.

Confession

**All: God our Father,
long-suffering, full of grace and truth,
you create us from nothing and give us life.
You give your faithful people new life
in the water of baptism.
You do not turn your face from us,
nor cast us aside.
We confess that we have sinned
against you and our neighbour.
We have wounded your love
and marred your image in us.
Restore us for the sake of your Son,
and bring us to heavenly joy,
in Jesus Christ our Lord.
Amen.**

Absolution

**Priest: May the Father of all mercies
cleanse us from our sins,
and restore us in his image
to the praise and glory of his name,
through Jesus Christ our Lord.**

All: Amen.

**Priest: Glory to God in the highest,
All: and peace to God's people on earth.
Lord God, heavenly king,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

Collect of the Day

Priest: God be with you.

All: And also with you.

Priest: Let us pray.

God of the prophets
you shame the strong through the weakness of love
and turn upside down the wisdom of the world:
may your blessing dwell with the poor and hungry,
the grieving and abused;
may your peaceful revolution
be our joy and our reward;
through Jesus Christ, the power of God.

All: Amen.

Please be seated.

FIRST READING: MICAH 6: 1-8

Reader: A Reading from the Book of Micah.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

PSALM 15

Response: *The just shall dwell on your holy mountain.*

Lord, who may dwell in your tabernacle?
who may abide upon your holy hill?
Whoever leads a blameless life and does what is right,
who speaks the truth from his heart. **(Response)**

There is no guile upon his tongue; he does no evil to his friend;
he does not heap contempt upon his neighbour.
In his sight the wicked is rejected,
but he honours those who fear the Lord. **(Response)**

He has sworn to do no wrong and does not take back his word.
He does not give his money in hope of gain,
nor does he take a bribe against the innocent.
Whoever does these things
shall never be overthrown. **(Response)**

SECOND READING: 1 CORINTHIANS 1: 18-31

Reader: A Reading from the First Letter of Paul
to the Corinthians.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

Please stand as you are able.

GOSPEL ACCLAMATION

Alleluia (*sung 4 times*)

[From: Norah Duncan; GIA Publications, Inc.]

THE GOSPEL: MATTHEW 5: 1-12

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ
according to Matthew.

All: Glory to you, Lord Jesus Christ.

*Note: The proclamation of this Gospel passage will be led by
the Liturgical Assistant and the Choir.*

*At the end of the gospel,
the Choir will conclude with a sung response.*

Gospel Hymn:
CP 422 God, Who Touched Earth with Beauty
(tune: Spiritus Christe)

Homily: The Rev. Daniel Fournier

Please stand as you are able.

The Apostles' Creed

Priest: Let us together profess the faith of our baptisms
as we say:

**All: I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of Intercession

Sitting, standing or kneeling, as is your custom.

Let us pray with confidence as God's holy people
for the needs of the Church, all families,
and for our world...

IN THE WORLDWIDE ANGLICAN PRAYER CYCLE,
we pray for The Church of England and the Rt. Hon.
Dame Sarah Mullally, the Archbishop of Canterbury,
who will be installed on March 25th. **Locally we pray**
for Anna, our Bishop, and for St. George the Martyr,
Cadboro Bay, and their priest, Rev. Christine Conkin.
We also pray for Lutheran Church of the Cross and
Pastor Lyndon, **and for** the Diocese of New
Westminster and Archbishop John Stephens.

Blessed are you, holy God,
for you give release to the captives
and food to the hungry.
Bless us as we hunger and thirst for your justice
and righteousness.
May all who are needy find their hope in you.

God, in your mercy.

All: Hear our prayer.

Compassionate God, we thank you for your mercy.
You give pardon for our sin
and call us to forgive others.
Embrace with your renewing grace
those who are resentful or discouraged.

Help us serve as instruments of reconciliation
when discord or conflict arises.

God, in your mercy.

All: Hear our prayer.

Today we pray for peaceful and non-violent resolutions
that transform oppressive societies
to those where people can live in freedom and dignity.
We pray for the people of Iran, Gaza, Lebanon, Sudan,
Yemen, Venezuela, and all troubled locations
near and far.

We pray loving God, for all who are afflicted
by brutality and injustice,
that a renewed hope of true peace
may become a reality in their lives.”

God, in your mercy.

All: Hear our prayer.

Righteous God, we thank you for your justice.
You watch over all who suffer
and empower your people to act for good.
Bless the work of your church and its partners
to advocate for justice and dignity in our communities
and in your world.
Keep safe all who live under threat of violence
or struggle for life's necessities.

God, in your mercy.

All: Hear our prayer.

Caring God, we thank you for your comfort.
You strengthen us when we are weak
and pick us up when we fall.
Bless us as we support and care
for one another in this community.
Surround all who mourn with the warmth of your love
and the light of our hope in Christ Jesus.

God, in your mercy.

All: Hear our prayer.

God of new life,
we give you thanks for your enlivening Spirit.
You give courage to the persecuted
and inspire the weary.
Bless us as we strive
to make a difference as a community in Christ's name.
Unite your Church by the power of your Holy Spirit,
and strengthen our common witness
with the gifts you offer us through Jesus Christ.

God, in your mercy.

All: Hear our prayer.

Loving God, hear all our prayers
as we offer them in the name of Christ our Lord.

All: Amen.

Invitation and Peace (*Please stand as you are able.*)

Priest: The table of bread and wine is now to be made ready.
It is the table of company with Jesus
and with all those who love him.
It is the table of sharing with the poor of the world,
with whom Jesus identified himself.
It is the table of communion with the earth
in which Christ became incarnate.
So, come to this table, you who have faith
and you who would like to come to know it more.
You who have been to this sacrament often,
and you who have not been for a long time.
You who have tried to follow Jesus,
and you who have failed.
Come. It is Christ who invites us to meet him here.

As we prepare to come to the table
let us exchange a sign of peace with one another.

Priest: The peace of the Lord be always with you.

All: And also with you.

The Liturgy of the Eucharist

Offertory Hymn: CP 439 Blest Are the Pure in Heart

(tune: Franconia)

The Preparation of the Table

Prayer over the Gifts

Priest: God of steadfast love,
may our offering this day,
by the power of your Holy Spirit,
renew us for your service.
We ask this in the name of Jesus Christ the Lord.

All: Amen.

*Please remain standing for the whole Eucharistic Prayer,
as you are able.*

Eucharistic Prayer

*[Source: Eucharistic Prayer E from Common Worship: Services and
Prayers for the Church of England (2000) (including the Psalter as
published with Common Worship)]*

Priest: May God be with you.

All: And also with you.

Priest: Lift up your hearts.

All: We lift them to the Lord.

Priest: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Priest: It is indeed right, our duty and our joy,
that we should always sing of your glory,
holy Father, almighty and eternal God,
through Jesus Christ your Son our Lord.
For you are the hope of the nations,
the builder of the city that is to come.

Your love made visible in Jesus Christ
brings home the lost,
restores the sinner
and gives dignity to the despised.

In his face your light shines out,
flooding lives with goodness and truth,
gathering into one in your kingdom
a divided and broken humanity.
Therefore with all who can give voice in your creation
we glorify your name,
for ever praising you and singing:

**All: Holy, holy, holy, God of power and might,
heaven and earth are full, are full of your glory.
Hosanna! Hosanna! Hosanna in the highest! (x2)
Blessed, blessed, blessed, blessed is the one
coming in the name, the name of our God.
Hosanna! Hosanna! Hosanna in the highest! (x2)**
[From: St. Aidan Setting; John Bell, The Iona Community]

Priest: We praise and bless you, loving Father,
through Jesus Christ, our redeemer;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died
he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again, he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence
his sacrifice made once for all upon the cross.
Bringing before you the bread of life
and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Priest: Praise to you, Lord Jesus:

**All: Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.**

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with St. Luke and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours,
O loving Father, for ever and ever.

All: Ameni, ameni, amen, amen, amen, ameni. (repeat)
[From: Young men; Christ the New Man Parish, Ga-Rankuwa, South Africa; GIA Publications, Inc.]

Priest: As our Saviour taught us, let us pray:

**All: Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.**

Breaking of the Bread

**All: Lamb of God, you take away the sins of the world:
have mercy on us. (twice)
Lamb of God, you take away the sins of the world:
grant us peace, grant us peace, grant us peace.
[From: St. Bride Setting; John Bell, The Iona Community]**

The Giving of Communion

**Priest: God's holy gifts for God's holy people.
All: Thanks be to God.**

Please follow the directions of the sidespeople as the congregation is invited to come forward to receive the bread and wine.

If you would prefer not to receive communion, please come forward for a blessing. Crossing your hands over your chest will signal the priest to give you a blessing instead.

NOTE: *Gluten free wafers are available on request.*

Please remain seated as we sing the hymns during communion.

Hymn during Communion:

CP 544 Can I See Another's Woe
(tune: Blake)

CP 493 Blessed Are the Persecuted
(tune: Tonga Melody)

Prayer after Communion *(Please stand as you are able.)*

**Priest: Source of all goodness,
in this eucharist
we are nourished by the bread of heaven
and invigorated with new wine.**

May these gifts renew our lives,
that we may show your glory to all the world,
in the name of Jesus Christ the Lord.

All: Amen.

Priest: Glory to God

**All: whose power, working in us,
can do infinitely more
than we can ask or imagine.**

**Glory to God,
from generation to generation,
in the Church and in Christ Jesus,
For ever and ever.
Amen.**

Announcements *(Please be seated.)*

Blessing *(Please stand as you are able.)*

Priest: May the riches of God's blessing
never become a thing of pride
but an overflowing well of giving
daily shared both far and wide
May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

All: Amen.

Closing Hymn:

CP 583 When God Restored Our Common Life

(tune: Resignation)

Dismissal

Leader: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

Thank you to all who assisted with today's service.

In the Anglican-Lutheran-Moravian Cycle of Prayer, we pray for the Provincial Synod of the Ecclesiastical Province of Canada (Anglican); for the dean, council, and congregations of the Ottawa, Ottawa Valley and Seaway Areas of the Eastern Synod (Lutheran); and for the people and ministries of Heimtal Moravian Church in Leduc County, AB (Moravian).

THIS WEEK'S PARISH NEWS

February 1st - February 8th

(New Items, *Revised Items)**

Please stay for coffee time after today's service – Park on Synod Road for easy access via the side door of the hall.

***Reports for the Annual Meeting package were due last Monday.** If you haven't sent in the report for your area yet, please send it ASAP.

Clean Out of Hall Basement and Rectory Garage. Please join the fun on **Saturday January 31st, 9 am to 12 noon.** Contact Neil in the office or Heather Simpson for more details. Everyone is welcome to come by and help.

***Fantastic Friday** will be **this Friday, February 6th from 4:30-6:30 pm** in the hall. **This Fantastic Friday will be a woodworking Fantastic Friday.** If you are able to help with woodworking crafts, your help would be greatly appreciated. Fantastic Fridays are held on the first Friday of the month through to June. Invite your friends, neighbours, children, and grandchildren to join in the fun and find out why these Fridays are fantastic! **Dinner is included.** For more information or to offer to help (always greatly appreciated!), please talk to Tara Poilievre, Barb Prescott, Sharon Hallsor, or Claire White.

***The February Reflections will be next Sunday, February 8th at 4:30 pm** and will feature **the Seabreeze Trio of Fraser Kerley, Freddie Brown, and Dave Conway.** Seabreeze plays a wide range of styles of music including folk, country, and jazz. We look forward to hearing their musical offerings paired with poems, prayers and readings at this Reflections Service. Each

month's Reflections features music along with poems and prayers. Enjoy music in the beautiful candlelit ambiance of St. Luke's at dusk.

***The next Silver and Sage 55+ Gathering will be on Thursday, February 12th from 1:30 – 3:30 pm in church.** The topic will be Living Fully with Chronic Conditions, presented by Liz McCarter.

Parish Council for 2026 – Please consider If you are being called to serve on Parish Council or if you know someone you think would be a good Parish Council member. Being on Parish Council is a valuable way to share your talents and learn more about St. Luke's. If you are able to help in this way, **please speak to one of the Nominations Committee members:** Rick Saville or Heather Simpson.

****Palm Crosses from Last Year** – A basket to collect your palm crosses from last year is **on the table at the back of the church.** The palm crosses from last year will be burned after the Shrove Tuesday Pancake dinner (February 17th) to be used as ashes for Ash Wednesday.

****Sacred Frontiers, the continuing story** – Sacred Frontiers is returning on **Sunday afternoons at 1 pm beginning on February 15th.** This is another opportunity to learn and grow together as we examine a number of topics related to growing in our spiritual journey. These learning sessions are for those who took part on Sacred Frontiers last year, and those who had never been part of these sessions. It is for those who wish to learn more about God's call for each one of us. We're calling this segment of Sacred Frontiers "Food for the Journey". Hope to see you there.

****Transfiguration Choral Evensong** – You are invited to a special musical evensong service on **Sunday, February 15th at 7 pm.** The service will include the beautiful liturgy and music of a sung Evensong service as well as special music. All are welcome. Please bring a friend.

***Donations Towards St. Luke's Grand Piano** – Thank you for your donations to date. **So far we have received \$5,090 in donations, including the donations from the Buy A Key Fundraiser.**

***Buy A Key Fundraiser** – We thought it might be fun to make the keys and pedals available to be sponsored. A White Key costs \$25, a Black Key costs \$35, and a Pedal costs \$50. **Please fill out a pledge card, put both it along with the sponsorship amount (cash or cheque) in a "Piano Donation" envelope and place it in the donation box on the table at the back of the church.** If you prefer to use e-transfer, please complete the pledge form, circle the Y in 'E-Transfer Y' section and include 'Piano Sponsorship' in the notes section of your e-transfer. If you do not want your name to be acknowledged on a "Sponsor List" that will be included in any future Concert Programmes, please circle the N in 'Name on a Key N' that is on the Piano Sponsorship Pledge Form. Please note that purchasing this Grand Piano enables St. Luke's to offer our heritage church building to the community as a performance-quality acoustic venue. Thank you for your support. If you have any questions, please reach out to Claire White, People's Warden.

Substitute Pianists Needed – We are building a list of potential substitute pianists to cover a single Sunday service should weather or illness make it impossible for our Music Director to come in. **If you might be willing to step in on short notice to help from the piano on a Sunday morning** – or know someone outside the parish who might – **please reach out to our Wardens, Heather Simpson or Claire White.** Thank you.

Job Posting for St. Luke's Music Director Position – This position is now posted at the **News page of St. Luke's website.** If you know someone who might be interested, please pass the information on to them.

***Our 2026 Attic Treasures Vintage Market will be on Saturday, February 21st, from 10 am – 4 pm.** This will be a

multi-vendor market with vendors renting tables as they did in September and last February. St. Luke's will also have a table with vintage items. To offer to help, please call Carol Turnham.

***On Sunday, February 22nd**, we will hold our **Annual General Meeting (AGM)**, also known as our Annual Vestry Meeting. **The meeting will be held after the 10 am service** and will include a review of reports from 2025, voting on the budget for 2026, and the election of Parish Council members, Synod delegates, and the Leadership Team members. **There will not be an 8 am service that morning.**

Save the Dates for this Year's Amazing Journey Day Camp – July 6th – 10th in the mornings, **9 am to noon**. St. Luke's joins with Church of the Cross each summer for a week-long day camp hosted at one of the churches. **This year's camp will be at Church of the Cross.** If you have children, grandchildren, or friends with children ages 4 through 11, please consider reserving this week for them to participate in the day camp. **Children born January 1, 2015 to June 30, 2022 are eligible to be campers.** We will also be looking for **Middle School students to be Leaders in Training and High School students to be Small Group Leaders.** Questions? Please talk to Tara Poilievre, Sharon Hallsor, or Barb Prescott.

Don't forget that a service is held each Thursday Morning at 10:30 am in the chapel. This is a quiet contemplative and intimate Holy Communion service. Come for mid-week spiritual uplift.

****Memory Cafe Open House events** are scheduled for February 3rd and February 10th, from 10 am to 12 noon at the New Horizons-James Bay (234 Menzies St.). The Memory Cafe is a welcoming space for families caring for individuals with memory loss, a program where they can find "fun, friendship and community". Registration is required since space is limited.

Upcoming Dates to Note

Saturday, January 31 st	Garage and Basement Cleanout 9:00am – 12:00pm
Friday, February 6 th	Fantastic Friday (aka Messy Church) 4:30 - 6:30 pm
Sunday, February 8 th	Reflections Service – 4:30 pm
Thursday, February 12 th	Silver and Sage – 1:30 – 3:30 pm Living Fully with Chronic Conditions presented by Liz McCarter
Sunday, February 15 th	Sacred Frontiers – 1 pm
Sunday, February 15 th	Choral Evensong – 7 pm
Monday, February 16 th	Family Day – Church Office Closed
Tuesday, February 17 th	Shrove Tuesday Pancake Supper 5 pm at Church of the Cross
Wednesday, February 18 th	Ash Wednesday Services 10:30 am at St. Luke's 7 pm at Church of the Cross
Saturday, February 21 st	Attic Treasures Vintage Market 10 am – 4 pm
Sunday, February 22 nd	One Morning Service only this Sunday at 10 am, followed by lunch and the Annual Vestry Meeting
Thursday, February 26 th	Silver and Sage – 1:30 – 3:30 pm Radio Play: "He Said, She Said" presented by Langham Court Readers' Theatre
Sunday, March 1 st	Sacred Frontiers – 1 pm
Friday, March 6 th	Fantastic Friday (aka Messy Church) 4:30 - 6:30 pm

Welcome To St. Luke Cedar Hill



Thank you for visiting today.
For more information about St. Luke's,
visit St. Luke's website:
<https://www.stlukesvictoria.ca>,
send an e-mail: admin@stlukecedarhill.ca,
or phone: 250-477-6741.
We hope you will visit again!

Rector: **The Reverend Daniel Fournier**

E-mail: incumbent@stlukecedarhill.ca

For Pastoral Care Needs, please contact the office

Parish Administrator: Neil Patterson

Office E-mail: admin@stlukecedarhill.ca

Interim Music Director Alan Whitmore

E-mail: music@stlukecedarhill.ca

Rector's Warden: Heather Simpson

E-mail: hsimpson@stlukecedarhill.ca

People's Warden: Claire White

E-mail: clairewhite@stlukecedarhill.ca

READINGS FOR NEXT SUNDAY February 8th, 2026

Isaiah 58: 1-9a (9b-12)

Psalm 112: 1-9 (10)

1 Corinthians 2: 1-12 (13-16)

Matthew 5: 13-20

FLOWERS

Flowers at St. Luke's are coordinated by Ann Séguin.