

Subject: [SPAM] Our Member Email: Jazz Bar, Halloween, Piegori Party & Big Dinner!
From: Shelbourne Community Kitchen <info@shelbournecommunitykitchen.ca>
Date: 24/10/2025, 9:43 p.m.
To: blprescott@shaw.ca



Member Email: October 24, 2025

It's been a busy and joy-filled month at the Kitchen! From community celebrations to cozy fall cooking programs, there's so much to share. In this issue, you'll find a little bit of everything, from concert news to Diwali celebrations and a Pierogi Party!

- **Upcoming Closure:** November 11
- **Jazz Bar Benefit Concert:** October 27 (tickets are selling fast!)
- **Food Skills Programs**
 - Halloween Fun for Families: October 29
 - Pierogi Party! November 7
 - Program Recaps: Diwali Delights & Slow Cooker Creations
- **Join Us for Big Dinner!** November 21
- **Pantry Program**
 - Pantry to Plate
- **Volunteer Opportunities**

Pictured above: On October 3rd, the entire administration department from UBC Distributed Programs - Vancouver Island, came to volunteer! This wonderful group learned about our programs and services, and helped to organize food drive donations for the Pantry!

In community spirit,



A FUNDRAISER FOR THE

SHELBOURNE
Community
KITCHEN

JAZZ BAR

27 OCTOBER 2025

Doors 6:30 pm - Concert 7:00 pm
Broad View United
3703 St. Aidan's St. Victoria, BC

♦ SPECIAL PERFORMERS ♦

Stephanie Greaves
Piano: Attila Fias

Maureen Washington
Drums: Kelby MacNayr
Bass: Ryan Tandy

Tickets: \$75. Available through Event Brite
Includes a delicious dessert or savoury appetizer and one alcoholic/non-alcoholic drink of your choice to enjoy during the show.

Tickets Going Fast!

Jazz Bar 2025
Monday, October 27th
Broad View United, 3703 St. Aidan's Street
Show at 7pm (doors open at 6:30)
[Purchase Tickets Here](#)

Just a few days left to buy tickets to this wonderful fundraising event!

Benefit concerts have been a beloved tradition at Shelbourne Community Kitchen, bringing people together around music, food, and generosity. This year's **Jazz Bar** carries that spirit forward, with a special moment in the program to honour the memory of our long-time supporter, performer, and co-conspirer, **Bob Watts**, who was instrumental in making our benefit concert events possible.

Join us on **Monday, October 27th at Broad View United (3703 St. Aidan's Street)** for an unforgettable evening of world-class jazz, delicious food and drinks, and community impact.

Our 2025 **headliners** are two powerhouse vocalists, **Stephanie Greaves** and **Maureen Washington**, who will be performing with an absolutely stellar band:

- **Attila Fias** on piano
- **Kelby McNayr** on drums
- **Ryan Tandy** on stand-up bass

Tickets: \$75 -includes a delicious dessert or savoury appetizer and one alcoholic or one non-alcoholic drink of your choice to enjoy during the show!

Thanks to our sponsors, including **Hoyne Brewing, Vessel Liquor, Gordon Food Services, Thrifty Foods -Tuscany Village, Maude Hunters Pub, Pizzeria Prima Strada**, and **Broad View United**, every dollar raised will go directly to supporting our mission: lowering barriers to healthy food and building food security in our community.

Additional food and beverages will be available for purchase during the event (cash and card accepted).

Donations of \$20 or more that are received during the event will be eligible for a charitable tax receipt (general admission and purchase of goods are excluded). You can also make a donation securely online through [Canada Helps](#).

Do you access services at The Kitchen? Would you like to attend the show? Contact Kim at kim@shelbournecommunitykitchen.ca to request up to two Community Tickets.

BUY TICKETS

FOOD SKILLS



Halloween Fun for Families
Wednesday, October 29 4:00pm-6:30pm
At The Kitchen

Our team is excited to welcome families of The Shelbourne Community Kitchen to take part in our **Halloween Fun for Families Program happening Wednesday October 29, 2025 from 4:00pm - 6:30pm.** You can expect Halloween themed crafts, a spooky dinner (homemade chili, noodles, salad and monster eyes!), sweets treats, and a pumpkin for your family to take home and carve!

Families with children under 18 are invited to attend. Want to join in on the fun? Request to attend this program by completing the short registration form below. If you have any questions please contact tyler@shelbournecommunitykitchen.ca

Register to Attend



Pierogi Party: In-Person Cooking Program
Friday, November 7th from 10am-12:30pm
At The Kitchen

The Shelbourne Community Kitchen is excited to announce our upcoming Pierogi Party: In Person Food Skills Program with a beloved friend of The Kitchen, Odessa Kelebay! Odessa will guide us through how to make pierogis from scratch in a variety of flavors, including a sweet pierogi! Together, we'll celebrate Ukrainian culture and enjoy learning this delicious tradition hands-on. Pierogis will be cooked for a group lunch, and each attendee will assemble their own bag of pierogis to take home.

Note: Due to the limited space and high demand of this program, attendees will be randomly selected. Please fill out this form to enter your name.

Request to Register



Friday, November 21, 2025
5:00-7:00pm
Upper Hall at Lutheran Church of the Cross

We are so excited to invite you to Big Dinner, a special dinner for all registered members of the organization! Much like the member dinner we host before our Annual General Meetings, this special event is a wonderful opportunity for members of The Kitchen (both participants and volunteers alike) to enjoy a homemade meal together, share stories, and celebrate the spirit of community. Pay-what-you-can donations are welcome, but not required!

Doors open at **5:00pm**, and dinner will be served at **5:30pm** in the **Upper Hall at Lutheran Church of the Cross**.

All dishes will be lovingly prepared in our newly renovated commercial kitchen....the first of many community meals to come!

There will be activities for kids and door prizes too!

If you are a member who uses our home delivery to access our services due to mobility barriers and/or chronic illness, please be sure to complete the registration form below and our team will arrange to have a meal delivered to you.

We hope you'll join us for this heartwarming celebration of food and community!

To attend, please complete the short registration form below.

Register to Attend



Program Recaps: Diwali Delights & Slow Cooker Creations

On Thursday, October 16 Shelbourne Community Kitchen participants joined our host Shapna for an exciting afternoon learning about Diwali, the Indian celebration of light celebrated by Hindus, Sikhs, and Jains. During this session, attendees helped to prepare a delicious meal of tandoori chicken, lentil pakoras, roti, mango lassi, mint chutney, and other Indian food traditionally enjoyed during this festival.

On Friday, October 17, long-time volunteer, Pam, worked alongside participants to share recipes for two deliciously nutritious slow cooker recipes, during our Slow Cooker Creations Program. During this session we chopped and prepared ingredients and shared info and tips on how to make the most out of your slow cooker.

We are so happy to be cooking with our community again here in our newly renovated commercial kitchen and we look forward to all the in person programs in the coming months!



Pantry Program - Pantry to Plate

Our hard working team at Omnivore Acres Farm has been harvesting mountains of beautiful winter squash. Squashes like Butternut, Delicata, Acorn, and Red Kuri are not only delicious but also provide numerous health benefits due to its high content of vitamins A and C, fiber, and antioxidants.

For this month's Pantry to Plate, we wanted to share a unique and delicious way to prepare squash with our Lentil Squash Fritters. These fritters can be enjoyed as an appetizer or as a main dish if served with a salad on the side. Please let us know if you try this recipe, we love hearing from you!

As always, Pantry to Plate Recipes can be made using items that are available through the Pantry Program this month.

[View Pantry to Plate Recipe!](#)



Cob's Bread Donation Pick Up (Shelbourne Plaza)

We are looking for volunteer drivers to help us pick up donations from Cob's Bread at Shelbourne Plaza. If you have your own vehicle and are available Thursday evenings from 6:30pm - 8:00pm we would love to hear from you!

Please see our [current list of volunteer opportunities](#) to learn about the roles and schedules.



Shelbourne Community Kitchen Society

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Registered Charity: 814898037RR0001

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