



St. Luke Cedar Hill

www.stlukesvictoria.ca

*"a beacon in the community, illuminating
many ways to encounter God"*

The Prescription



Easter 2025

St. Luke's Rector: The Reverend Daniel Fournier
Editors: Sharon McMillan, Neil Patterson, and Barb Prescott
Cover photo by Sharon McMillan

(All unattributed pictures in this edition are from websites that offer free photos for non-commercial use)

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We embrace the knowledge that the Lək'wəŋən and W̱SÁNEĆ peoples are the original custodians of the lands on which we gather. Their traditions are a blessing that can open our hearts and minds, and they are bearers of ancient wisdom that can give us hope.

From the Editors

Sharon McMillan, Neil Patterson, and Barb Prescott

Welcome to this Easter 2025 issue of ***The Prescription***. Thank you to everyone who sent in pictures and articles for this issue. We are always happy to receive your contributions! We also appreciate feedback and suggestions as to what you would like to see included in ***The Prescription***.

The submission deadline for the Summer edition of ***The Prescription*** is **Friday, August 8th**. Please keep sending your articles, photos, poems, and other creative endeavours to
admin@stlukecedarhill.ca or communications@stlukecedarhill.ca

Hope, Compassion, and Joy

Some time ago (in 2007 to be exact, almost 20 years ago now!), I read an article in the parish magazine from my parents' church.* It resonated with me then and it still does. It talked of the importance of churches being communities of compassion and hope. In these chaotic times, I think this reminder is even more relevant today than it was in 2007. These traits were described in the article as follows.

Hope is the confidence and assurance that God's grace is with us, that the compassion of Christ sustains us, and that the Holy Spirit leads us in this present day and in the days to come. Our search for spirituality is our search for hope.

Compassion is sharing, caring, giving, loving and serving. Compassion is forgiving and reconciling. Compassion is fairness, equity and justice. Compassion includes the giving and accepting of forgiveness. Many people motivate themselves out of their spirit of compassion, and many acts of compassion have a spirit of quiet generosity about them.

Community is good fun and good times. Community is roots and belonging. Community is friends and family. Many of us motivate ourselves out of a spirit of community.

I have been thinking as well about **Joy**, and how to bring joy into our lives. Have you been watching the Diocesan Lenten Video Series, Staying Grounded in Times of Chaos? This series is linked from the News page of our website (<https://www.stlukesvictoria.ca/news>). Each video provides suggestions as to how to stay grounded at this time. While the suggestions are for Lenten practices, they can be used at any time.

In the recent and final video, Dean Jonathan Thomas, from Christ Church Cathedral, reminds us that Lent is not the season that gets us ready for Good Friday. Rather it is the season that prepares us to celebrate Easter. Where the world today induces anxiety, he encourages us to push back with intentional acts of **Joy** and signs of **Resurrection Hope**. He urges us to look for activities that bring us joy, such as showing gratitude and other practices he outlines in the video.

May your Easter be filled with hope, compassion, and joy.

Blessings

Barb



**From Reflections on Stewardship by Sarah Donnelly from the St. John's Cobble Hill Parish Magazine, Parish the Thought, Advent 2007.*

From the Rector's Desk – Spring 2025

by the Rev. Daniel Fournier



Dear Friends,

As I write this, we are drawing near to the end of our Lenten season. This year, more than ever, it is a season full of learning and growing as we have launched into something new called Sacred Frontiers: This is a deliberate time of discovery for people of all ages to grow into their understanding of who we are as Anglicans and people “on the way” to deeper spiritual connection with our faith.

This program is developed and led by Joan Scandrett and myself, taking place on Sunday afternoons at 1 pm. For this edition of ***The Prescription***, I have asked Joan to write about what happens on these afternoons.

Sacred Frontiers

On the first Sunday of Lent, four teens and approximately twenty adults gathered in the church to begin a weekly 3-month spiritual journey under the umbrella of “Sacred Frontiers”. For some, baptism, confirmation and renewal of baptismal promises will be the outcome, and for others it is a time to delve deeper into their faith, explore, question, discern, find community, and learn and grow together in a safe environment.

Each week, our time together begins with a meditation that may include music, on a topic or a word, followed by reflection by those who wish to share. For the Sundays in Lent, the desert experience is the focal point for the meditations. With thanks to Scott McNally for constructing the box to house the desert, the landscape changes each week with symbols we add to the desert or that the desert gives as part of the meditation process. For the next two Sundays, our desert meditations will take us deeper into the story of Jesus’ triumphant entry into Jerusalem, his passion and crucifixion. The desert will form part of the church’s resurrection beauty of Easter Sunday Morning.

Following the meditation and reflection component of each weekly session, we delve into some teaching that is accompanied by PowerPoint. We began with baptism and its origin and history and are currently exploring the seven sacraments of the church. Last week’s session included a fashion show of ecclesiastical and liturgical clothing by the teens. Questions follow each teaching session. And we end with a meditative blessing to send us on our way, held in love, until we meet again. Our four teens stay for the meditation part and closing of each session and go to a different space for age-related input and exploration.





Occasionally the teens stay in the church and engage in the topic of the meditation in their own way. This was the case last Sunday where they each reflected on “forgiveness” as they painted mandalas. The beautiful work they created is on display at the desert.

Credit for the photos in this article: The Rev. Daniel Fournier

Some candidates who are preparing for baptism will be baptized on Easter Sunday at the 10 am service. For those who are preparing for confirmation and those who want to renew their baptismal promises in the presence of the bishop, a service of Confirmation and Renewal will occur at the Cathedral on Sunday, May 4th at 4 pm. Three teens from St. Luke’s will be confirmed, and several adults will renew their baptismal covenants that day. We hope that many from our St. Luke’s church family will attend this service at the Cathedral and celebrate these important spiritual milestones.

From Easter Sunday to Pentecost Sunday, we will add different topics of interest to our teaching component and widen our group explorations. Topics for exploration may include those suggested by individuals or by the clergy.

Pentecost Sunday will be the culmination of our 12 weeks together. There will be baptisms, along with renewal of baptismal promises by those who wish to do that in the presence of their church family. Prepare to be “blown away” by the power and presence of the Holy Spirit that day!!

“Sacred Frontiers” is open to anyone whether you’d like to check it out once or participate in each of the weekly sessions.

Blessings to you all in these sacred seasons for the church.
The Revs. Daniel Fournier and Joan Scandrett

Introducing the Wardens for 2025

We are very grateful that four people have stepped forward to be wardens this year after several years of only having two wardens. Heather Simpson continues as the Rector’s Warden, with Kathleen Patterson as the Deputy Rector’s Warden. Claire White is the People’s Warden this year and Joanne Jolson is the Deputy People’s Warden. Below and on the next page are short bios of the 2025 Wardens’ Team.

From **Heather Simpson: Thank you for appointing me as your Rector's Warden for 2025.** I look forward to working with our three new Wardens and Parish Council this year. St Luke Cedar Hill has been a part of my life since 1972, and is my Church family. I feel blessed to have been confirmed and married at St. Luke’s, and my sons’ baptisms and confirmations were at St. Lukes. I am grateful for all the wonderful friendships that I have made over the years by being involved in various ministries, activities, and volunteer work as a parishioner of St Luke’s. We will have an exciting year as we celebrate our 165th anniversary.

From **Kathleen Patterson, Deputy Rector's Warden**: I was born a short 26 years ago (the only age I'll admit to) in Lethbridge, Alberta. I grew up and attended St. Augustine's Anglican Church. I attended Sunday School and, as I got older, I joined the Junior Choir and then graduated to the Senior Choir. After moving to Victoria in 1990, we eventually settled in at St. Peter Lakehill where Emily and Neil were baptized. After my dad died, mom moved back to Victoria where we eventually became members of the St. Luke's family. I have been active as an Altar Guild member, liturgical assistant, reader, member of parish council, as well as doing a brief stint as treasurer.

I am now honoured to support our community in another way - as the parish's Deputy Rector's Warden. I know it's going to be busy - and that means things are happening! I always say that it is about the community you worship with and how that feeds your soul. I am looking forward to serving you all as needed.

Hello, I am **Claire White, your elected People's Warden for 2025**. I am married to Martin and we have a daughter, Aanika, who is 14 years old. Aanika is our granddaughter, whom we have adopted. We live in View Royal, and have been living on the Island since 2016. As a family, we have been attending St. Luke's since mid-2021. Before that, we attended at Christ Church Cathedral, downtown Victoria. Prior to our arrival on the Island, we spent 26 years in Calgary and were very much involved in St. Peter's Anglican Church, Elbow Drive.

I have come on board as your People's Warden on the basis that we have Deputy Wardens so we can share the load between us. This year we have been graced with four Wardens. I look forward to working with Joanne, Heather, and Kathleen, as well as Neil, our Administrator, and Barb, our Communication Coordinator and Treasurer, and with Parish Council to meet the needs of the Parish, our wonderful parishioners and the community we are blessed to serve.

Hello everyone. My name is **Joanne Jolson and I am the Deputy People's Warden**. I grew up in the Blenkinsop valley area near St. Luke's. I attended St. Luke's as a child and youth and came back to St. Luke several years ago. I am an Early Childhood Educator. I enjoy baking and doing crafts.



*From left: Claire White, People's Warden; Heather Simpson, Rector's Warden; Kathleen Patterson, Deputy Rector's Warden, and Joanne Jolson, Deputy People's Warden
Photo credit: Sahar Saeidbakhsh*

Dates to Note: April through June 2025

Date	Event
Saturday, April 26 th	Spring Fair - 9:00 am - 2:00 pm
Friday, May 2 nd	Fantastic Friday (aka Messy Church) - 4:30 - 6:30 pm
Sunday, May 4 th	Cemetery Tour - 2:00 – 3:00 pm
Sunday, May 4 th	Confirmation Service at Christ Church Cathedral - 4:00 pm
Saturday, May 10 th	Vintage Fashion Show and Tea - 2:00 - 4:00 pm
Sunday, May 11 th	Reflections Service - 7:00 pm
Saturday, May 17 th	Cemetery Cleanup - 9:00 - 11:30 am
Friday, June 6 th	Fantastic Friday (aka Messy Church) - 4:30 - 6:30 pm
Sunday, June 8 th	Reflections Service - 7:00 pm
Saturday, June 14 th	Cemetery Cleanup - 9:00 - 11:30 am

And Dates to Note in the Summer

Monday, July 7 th - Friday, July 11 th	The Amazing Journey 2025 Summer Day Camp - 9:00 am - 12:00 noon – A joint project of St. Luke's and Church of the Cross. The Camp will be held at St. Luke's this year.
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*Unless otherwise noted, Sunday services are at 8 am and 10 am.
Coffee Time in the Hall follows most of the 10 am services.*

Your Support is Always Gratefully Received...

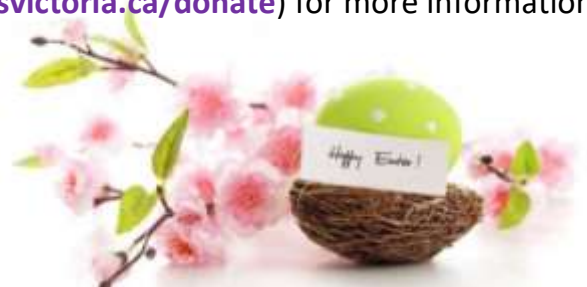
Contact the Parish Office if you would like to help
as a Reader or Liturgical Assistant **with keeping the grounds tidy**
or by donating to the Altar Guild for flowers

Financial support of St. Luke's is always welcome.

Make an extra financial donation to St. Luke's by:

- **Cheque or Cash** (collection plate, mail it, drop it off at the hall, or have it picked up)
- **E-Transfer** (from your bank account)
- **Credit Card** (Canada Helps)
- **PAR** (Pre-Authorized Remittance Program, also called automatic debit)

Visit the Donate page at the website (<https://www.stlukesvictoria.ca/donate>) for more information about making financial donations.



St. Luke's 2025 Parish Council



Meet your Parish Council Members for this year

Back row from left: Boston Lafferty, Shannon Stewart, Rick Saville, Barb Prescott, Kathleen Patterson, Steve Ruttan, Carol Turnham, Donna Dunning, Joanne Jolson

Middle row: Heather Simpson, Tara Poilievre, Daniel Fournier

Front Row: Brenda Morgan, Linda Beltrano, Jane Grant

Absent: Brian Dominique, Sharon McMillan, Maria Ross, and Claire White

Rector's Warden: Heather Simpson

Deputy Rector's Warden: Kathleen Patterson

People's Warden: Claire White

Deputy People's Warden: Joanne Jolson

Treasurer: Barb Prescott

Secretary: Maria Ross

Synod Delegates: Tara Poilievre and Sharon McMillan

Alternate Synod Delegates: Rick Saville and Carol Turnham

Members-at-Large: Linda Beltrano, Brian Dominique, Donna Dunning, Jane Grant, Brenda Morgan, and Steve Ruttan

Youth Delegate: Shannon Stewart

Representative from Lutheran Church of the Cross: Boston Lafferty

Photo credit: Sahar Saeidbakhsh

Birthdays at St. Luke's



*A birthday cake to celebrate
last year's August birthdays*

Photo by Sharon McMillan

Words by Barb Prescott

We like to celebrate birthdays at St. Luke's. Each month we have a birthday cake during coffee time to celebrate those who have birthdays that month.

We also like to celebrate the birthdays of our parishioners who aren't able to come for coffee time but who have special birthdays during the month. Recent special birthdays of those who are no longer able to attend church and coffee times have included: Clodagh Wilson who turned 100 on March 4th, Bob Watts, who was 89 on April 1st, and Ted Newman, who was 99 on April 2nd. Please let us know about other special birthdays so that we can recognize them. God's blessings to all celebrating their birthdays.

A Birthday Poem

*by Joan Jolson**

One day a year is yours
To do as you please
Here is something for you
To give you some ease

Turn off the phone, lock the door
Draw some water for a bath
Light your candle and brew some tea
Sit back soak, drink and laugh

Allow yourself to feel calm and free
Far from the world woes and wrath
This day is for you to replenish your spirit
Know you are special and unique

That each day in your life is a present
And every life you touch is a gift given
Making lives better for it
Happy Birthday

**Joanne Jolson's mother, Joan Jolson, wrote poetry throughout her life.*

We have shared her poems in previous issues of The Prescription, and we are pleased to share another here.

Living in the Altitude

by Gillian Bloom

Having written an article on “making tea in the altitude” in the last **Prescription**, I was impelled to write more about actually living in the altitude – quite an experience!

I was newly married when we moved to Peru. My husband had been in Vancouver to get his Master’s Degree before returning to Peru to eventually take over the principalship of the school in La Oroya. He met me before he had finished his degree and had to ask the Company if I could come back with him and also teach there.

La Oroya was a mining company situated at 14,000 ft. in the Andes “up” from Lima and the mining company for which we were going to work was Cerro de Pasco. We were met in Lima and were taken by a company car to our hotel in La Oroya. We had been warned not to eat too much and certainly not to drink anything carbonated, as the bubbles would expand in your stomach making you feel very bloated and uncomfortable. Even following all these directions, I felt very dizzy and a little fuzzy minded especially as we had to go over a 16,000 ft. pass in order to get to La Oroya. Once in our hotel room I developed a really bad headache – it felt like a tight band around my head. The only thing to do was to lie down and wait it out. This, apparently, was the dreaded “altitude sickness”. I was over it in about three days and started living a “normal” life in La Oroya.



*La Oroya showing the hotel
(to the right in the picture)
and the treeless landscape*
https://en.wikipedia.org/wiki/La_Oroya

Our hotel overlooked the railyard and there was not a touch of green in any direction. The arsenic fumes from the mine had leached the surroundings of much vegetation. There were a few hardy stunted trees further away from the mine. Also, unknown to me – it was a very toxic environment.

After about a week in the hotel, we were given our own house in another area where we could not see the mine. There were lots of shrubs and we even had a garden! By this time, we had also obtained a car, a Volkswagen Beetle, which does very well in the altitude. We were able to drive from our house to the school where I became the grade 4 teacher with six pupils – what a great ratio.

One of the items we had purchased and brought with us, which I found invaluable, was a pressure cooker. Water does not boil at the same temperature as it does here so to boil a potato in the normal way would take about 1½ hours! With the pressure cooker, it brought the cooking time down to about 20 minutes. Cakes cooked in the oven had to have the ratios changed. At one point, I tried to cook a chocolate cake without doing this and the ingredients boiled over and made the oven a real mess. Luckily, I had a maid by this time and she cleaned it up beautifully!

As we were above the tree line, once a year the town had a “Pachamanca”. During these festivities, a tree was brought to a grassy area and “planted”, held upright by poles in the ground. The town people, in all their finery, paraded around the tree and finally it was chopped down.



A Pachamanca in Peru

Many people took their turn but it was always one of the managers who made the final cut, as he would be responsible for the cost of the festival the coming year. All this time food was being cooked on hot stones covered by earth. There was always some kind of meat, usually pork, and corn cooked in the husks.

Pachamanca (from Quechua pacha "earth", manka "pot") is a traditional Peruvian dish baked with the aid of hot stones. The earthen oven is known as a huatia. It is generally made of lamb, mutton, alpaca, llama, guanaco, vicuna, pork, beef, chicken, or guinea pig, marinated in herbs and spices. Other Andean produce, such as potatoes, habas (fresh green lima beans in pods), sweet potatoes, Andean tubers and root vegetables (such as mashua, oca, ulluco, cassava, and yacon) plantain (cooking bananas), humitas (corn cakes), ears of corn, and chili peppers, are often included in the baking.

Source: <https://en.wikipedia.org/wiki/Pachamanca>

The scenery away from the mine was beautiful and one day we decided to go for a walk around a nearby lake. It was a heavily overcast day so we did not think to wear hats. The following day we discovered blisters on our heads. Then we realised why the Peruvians always wear their hats which are modelled after the bowler hats worn by the engineers who built the railways.

It was always a delight to go down to Lima. The Company had a house there, which we could book at no cost. In the oxygen-saturated atmosphere, we had so much energy – made for a great weekend.

While in the altitude, we decided we must see Machu Picchu.

We travelled there in our trusty Beetle, staying at the

“Turistas” (hotels) on the way. A memorable trip. Of course, the altitude there (7,000 ft.) did not bother us as we had become used to 14,000 ft. But we did partake of “mate de coca” tea made with



Peruvians wearing their hats

Photo Credit: Darrin Charmley

from visit to Peru in 2000

coca leaves, which settles the stomach and prevents altitude sickness. We were so lucky to have been able to see this wonderful place before people began arriving via the Inca Trail and the trains came more often. We stayed at the hotel there (with only five rooms) and so in the morning before the train arrived, we had the whole place to ourselves – magical memories.



Machu Picchu

Photo Credit: Darrin Charmley

Unfortunately, the Government took over the

Company one weekend with no warning and we had

a week to pack and leave. The Company did all this for us and paid our fare to wherever we wanted to settle which was, for us, Vancouver Island. Unbelievably, after only one year there (and arriving in Peru with \$90 to our names), we had earned enough to buy a car and put a down payment on a house. I would not have missed this experience for the world!

Spring Pictures

A Poem by Mary Garland Coleman



Images by freepik.com

Old seaside cottage,
Mystery of evergreens,
And gay daffodils.

Gusty wind blowing
Tosses bright blissful seagulls
Like torn cloth pieces.

Grey April morning
Shattered by sudden shouting
Of scarlet tulips.

Two delicate deer
Gazing at our tulip bed,
Hungriely, alas!

*Mary Garland Coleman, Rosemary Watts' mother,
wrote poetry throughout her life and published four collections of poems.*

Easter Gifts of the Holy Trinity

by Ted Killough

X
X
XXXXXX
X
X
X
X
X
X

And God the Father said:

Let there be Light
and Enlightenment;

And, with a BIG BANG there was!
And God saw it was very good.

And God the Son said:

Let there be abundant Life
On, above, and within the air, earth and sea
With Humankind in our image;
And God saw it was very good.

And God the Holy Spirit said:

Let there be Love and Peace
For everyone and everything evermore;
And Humankind said, Uhhhhh God...
Can we get back to you on that?

AND GOD WEPT!

Attic Treasures Vintage Market

by Carol Turnham

Photos submitted by Carol Turnham

The second annual Attic Treasures Vintage Market, held on February 15th from 9:00 am-4:00 pm, was a great success, raising a total of \$4,214 for St. Luke's Church. This included \$1,150 from the rental of spaces and tables, \$1,624 from admission fees, including \$430 from the 43 "Early Birds" who were admitted at 9:00 am, paying \$10. After 10:00 am, the admission price was \$3. St. Luke's table raised \$1,034 and the Silent Auction raised \$406, giving a total of \$1,440 from sales.



The usual advertising was carried out on-line, with handouts and large posters. Our thanks to Sharon McMillan for designing our lovely poster. New bunting was made to add to the festive atmosphere and vendors and workers were asked to dress in vintage attire if they wished, which added to the fun. Background music was provided by Matthew Robertson, which was greatly appreciated as it added atmosphere. In spite of the weather being cold and rainy, the crowds were steady, easing off only in the last hour.

Our thanks to the Poilievre family and the Scouts who helped with set-up and to the members of Vintage Fashion Showcase who helped also with set-up ahead of time as well as on the day, as did members of St. Luke's. Our thanks also to Heather Simpson for managing the Square device that enabled people to use their credit cards to pay admission fees and make purchases at the St. Luke's tables.

Coffee was provided in the kitchen to the vendors by Sandra Lindberg and was much appreciated. David Gittens, the owner of the "Come and Get It!" Food Truck, offered his services. A "cafe" was set up in the lower hall so that those buying lunch or a snack could eat in comfort.

The Vintage Fashion Showcase group and all vendors were happy with their sales. Some requested that we hold the vintage market twice a year. After a discussion with members of St. Luke's, it was decided to hold our next markets on September 20 and February 28. (We appreciate that the Jane Austen Society members agreed to move their meeting so that we could hold the market on September 20, the only day in September that would work for us).

My thanks to all who gave their generous donations and offered their time and services in many ways to help make this venture such a success.



Attic Treasures



Vintage Market

St. Luke's Annual

3821 Cedar Hill Cross Rd

SPRING FAIR

Saturday, April 26

9am – 10am **Early Bird** (\$10)

10am – 2pm (free)

Silent Auction ~ Vintage Clothing ~ Antiques & Collectibles
White Elephant ~ Toys ~ Books ~ Crafts & Creations
Mother's Day Gifts



Lunch & Snacks available from **Come and Get It** food truck
portion of proceeds donated to the Shelbourne Community Kitchen

We hope to see you at these Spring Events!

VINTAGE FASHION SHOW AND TEA

featuring *Vintage Fashion Showcase*

Local History Through Fashion from 1860 to 1980

and **DOOR PRIZES!**

Saturday, May 10 2:00-4:00pm

St. Luke's Community Hall, 3821 Cedar Hill Cross Rd.

Information: 250 477-6741

Tickets: \$25 per person

Ticket sales start April 15
Purchase in advance from
events@stlukecedarhill.ca





Early registration is open for this year's Amazing Journey Summer Day Camp, Fun with Living Water. The Camp will be held July 7th to July 11th, in the mornings, 9 am to noon at St. Luke's. Children born January 1, 2014 to June 30, 2021 are eligible to be campers. If you have children, grandchildren, or friends with children ages 4 through 11, please consider registering them to participate in the day camp. Children with special needs may attend with an assistant.

We are also looking for Middle School students to be Leaders in Training and High School students to be Small Group Leaders.

Early Bird Registration is open now. Register Online here:

<https://www.jotform.com/build/241056421475250>

The registration form is also available at St. Luke's website:

<https://www.stlukesvictoria.ca/events/2025-amazing-journey-day-camp/2025-07-07>

Early Bird Registration Fees are 1st child - \$50; 2nd child - \$45; 3rd and additional child - \$40. Early Bird Registration Deadline is Sunday, June 8th.

Registration fees after June 8th are \$10 more per child.

Registration final deadline is June 20th.



*Some activities at last year's Day Camp
Photos by Barb Prescott*



Moravian Church in Canada

Who Are The Moravians?

by Tara Poillievre

You have probably noticed that our weekly cycle of prayer now reads that we are in full communion with the Lutherans and Moravians. When I heard this I thought, “Who on earth are the Moravians?” I had never heard of them before. So, in case you are wondering the same, I did a little research and thought I would share it with you.

The Moravians draw their lineage back to a reformer in Moravia, the country we now know as the Czech Republic, named John (Jan) Hus in the 1400s. He believed that people should be able to read the Bible and hear preaching in their own language. He also believed they should be able to partake of the bread and the cup. He was burned at the stake for his beliefs in 1415 at the Council of Constance in Germany. As a result, many of his followers left the city and lived a sectarian lifestyle in communities where they prayed, worked and ate together for over 100 years.

In 1722, they sought refuge on the land of Count Nicholas Ludwig von Zinzendorf in Germany where they brought refugees of all kinds together. They called the village Herrnhut, “the Lord’s Watch”. There were all kinds of disagreements, as they didn’t have a lot in common. They did, however, persist in praying together, with the help of Nicholas. In 1727, Nicholas and the Moravians created the “Brotherly Agreement”, which detailed how they would behave. They each signed a pledge to live by these behaviours, which were rooted in biblical principles. The young Count Nicholas became the first leading theologian of the Moravian Church. Although he never attended seminary, he studied theology and was ordained in the Lutheran Church to provide spiritual guidance as well as political protection to the community of Herrnhut. According to Zinzendorf.com, during a communion service, the entire congregation felt the powerful presence of the Holy Spirit, which wiped away all of the differences.

Nicholas’ ‘variety’ of Christianity focused on having a personal relationship with Christ and an emotional experience of salvation rather than just an intellectual agreement with Christian principles. He was often frowned upon for allowing women to preach, hold office and become ordained. Nicholas and the Moravians went out around the world to preach the Gospel. He focused on missionary outreach and renewal. He was the only European noble to ever meet with native American leaders.

The Moravian Church follows the Revised Common Lectionary. Some of their churches have two types of services; one more traditional and mostly led by the priest with more traditional music and wording, and one more “come as you are” with more people joining in the leadership, and more contemporary music and wording. They have children’s time with a more simplified Gospel followed later by the sermon, and share in the breaking of the bread, just as we do.

Source Information:

~ [Anglicanlutheran.ca/partnerships/moravianchurch/](https://anglicanlutheran.ca/partnerships/moravianchurch/)

There are several videos here that describe the relationships and answer questions.

~ <https://www.branchliving.com/new-blog/2022/2/20/who-was-count-nicholas-ludwig-von-zinzendorf-and-why-you-should-want-to-know>

This blog gives more details on Count Zinzendorf

~ [Zinzendorf.com](https://zinzendorf.com)

An entire website about Count Zinzendorf and the Moravian Church, stemming from the documentary *Zinzendorf*

Thank You from Robert Jewsbury

I wish to graciously thank the Good People of St. Luke and ministry of Daniel and Joan for the intimate arrangement of the excellent February 22nd Christian Service for my younger brother, John Jewsbury aged 73, who passed away of emphysema (COPD). He accepted his debilitating condition without ever complaining. On New Year's Day 2024, he was found on his apartment floor, suffering with strain-A virus, unable to reach the phone. The next time he collapsed (on December 18th), he was wearing a medic alert pager. He was admitted to RJH, having the best of modern medical care for 20 days, dying on January 6th this year, just before midnight with family there. John's niece, Andrea Gandy, was the last one communicating with him just before his ascension.

I strongly suggest everyone read scouter Tara Poilievre's informative article 'Who's your Buddy?' on falling, in the 2024 Christmas edition of ***The Prescription***.

I have known people who have fallen, some tragically passing away at an early age. When friends of my mother had fallen down the basement stairs and laid there without help, I planned to wire an emergency landline phone beside the bottom basement step. My mother would run up and down the steep stairs with a heavy, loaded laundry basket. But, after her TIA, no more. However, she collapsed on the main floor, lying there for three days, unable to reach the wall landline.

Ironically, my busy dad — unexpectedly, suddenly — died in the basement doing laundry after driving the car home (after errands) into the garage.



*John Jewsbury
as a child and as an adult
Contributed by Robert Jewsbury*



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No one has greater love than this, to lay down one's life for one's friends.

John 15:13

To the good people of the Diocese of Islands and Inlets,

As we move through Holy Week and Easter 2025, I wanted to write and let you know about some of the sacrificial acts of faith and love I am seeing in the diocese.

First of all, I commend the good people of St. John's, Duncan who are sacrificially and lovingly giving over most of their land so that 130 units of much-needed affordable housing can be built in their community. The diocese was approached about using our land for this build after another site in town fell through, and I am so impressed at how the community has responded to the call. Despite the inconveniences that a major multi-year build will bring on their congregation, St. John's has put the needs of the community above their own and have said yes to this life-giving project that is critically needed in their community. I am proud of how, through this project, we are living into our baptismal promises to love our neighbors as ourselves and to respect the dignity of every human being.

As that project gets underway in Duncan we are also, at long last, beginning to move folks into the 85 new units of affordable housing at our Dawson Heights site in Saanich. Dawson Heights Ltd. is wholly owned by the Diocese and, with these new units, now has a total of 183 units of affordable housing. This project has taken over 8 years from vision to completion and has only come to fruition because of the tireless work and determination of the volunteer board.

I would also commend to you the gracious and courageous folk of St. Dunstan's who vacated their building and began worshipping with Two Saints Parish in January. That partnership is proving to be life-giving, and Diocesan Council has just accepted a conditional offer on the St. Dunstan's Property. We will know in July whether this \$7.5 million sale will go through. If this sale does go through, Diocesan Council will be entrusted with stewarding those funds in a way that contributes to the long-term ministry of the diocese as a whole. We will all be in bound in gratitude to the good people of St. Dunstan's.

William Temple, who served as Archbishop of Canterbury from 1942-1944, famously said that the church is the one institution that exists primarily for those who are outside of it. The faithful, courageous and sacrificial decisions that the people of our diocese are able to make speaks to the depth of faith and witness in this place.

In gratitude to be able to serve among you and to witness to the cruciform shape of all of Creation in which God is always and everywhere making all things new,

The Right Rev Anna Greenwood-Lee
bishop

RENEWED HEARTS RENEWED SPIRITS RENEWED PEOPLE

Mrs. Stewart's Tree

by Barb Prescott

The graves in St. Luke's churchyard have many stories to tell. This story has a connection to the Stewart family grave in Row A.

In November 2017, we received an e-mail to St. Luke's Office addressed to "The Archivist" asking if we could take a picture of the marker for George and Harriet Stewart. Gord Young of Lakefield Heritage Research in Peterborough, Ontario, had found George and Harriet's name in the database St. Luke's had posted online at our website. The researchers at Lakefield Heritage Research knew that George and Harriet were not buried in the Lakefield-Peterborough area, but it took a bit of sleuthing to find them. This first request began a long e-mail conversation with Gord Young about the Stewart family and their connections to Peterborough and to St. Luke's.

When we sent pictures of the Stewart family grave to Gord, he commented that he noticed the tree on the Stewart family plot and wondered if that might be the one brought from Banff when Harriet passed. Harriet and her husband had lived in Banff and then in Calgary before retiring to Victoria. Her husband, George Alexander Stewart, had been the first Superintendent of Banff National Park. A family legend was that Harriet was given a tree from Banff when she died. Gord said this was a persistent oral story in Peterborough, which could be a myth. He asked us to find out the species of the tree and if it could be found in and around Banff. The story from Harriet's family was that it is thought that one of the Simpson kids had a tree shipped to Victoria from Banff after their grandmother's passing.

When a biologist, Dr. Patrick von Aderkas from UVic, was able to look at the tree he commented that he thought it was a *Ligustrum japonica*, Japanese privet. Patrick had deduced, by the white blossoms in the spring, that the tree is an ornamental japonica, which is quite popular here but not native to the Victoria area or to Banff National Park.



Mrs. Stewart's Tree in Bloom in 2023

Photo credit: Barb Prescott

Gord later learned that women such as Harriet Stewart who had served many years with IODE (Imperial Order Daughters of the Empire), a women's charitable organization based in Canada, had trees planted in their honour. Apparently, sometimes in Ontario the Pioneer French Lilac bush was planted on graves of important women in the IODE, according to a source familiar with Mt. Pleasant Cemetery in Toronto.

Since Harriet's family has in its historical archives that the tree came from Banff, perhaps the Banff-Canmore IODE and maybe the Calgary IODE made donations towards the purchase of this special tree in memory of Harriet.

Some years, we have used blossoms from the tree for our Easter decorating in the church around the font. No matter what its source, the japonica on Mrs. Stewart's grave in St. Luke's cemetery symbolizes the renewal of Mrs. Stewart's memory when it blooms around Easter each year.

A Cemetery Tour at St. Luke's

Sunday, May 4th – 2 pm

as described by the Old Cemeteries Society in their 2025 tours listing



The rich soil of the Shelbourne Valley enticed farmers, florists, and gardeners to settle in the Cedar Hill and Gordon Head areas. St. Luke's picturesque churchyard is the final resting place for many of these pioneer families. Yvonne Van Ruskenveld, Barb Prescott, and several descendants of St. Luke's families will join together for this tour. Springtime is the perfect setting for this tour, with the camas and other flowers in bloom. Cost is \$5 per person.

A Fitting End – Amusing Tombstone Tributes

*contributed by Kathleen Patterson**

In a London, England cemetery: "Here lies Ann Mann, Who lived an old maid, But died an old Mann."

Hartscombe, England: "On the 22nd of June, Jonathan Fiddle Went Out of Tune."

In a cemetery in England: "Remember man, as you walk by, As you are now, so once was I. As I am now, you soon will be. Prepare yourself and follow me."

To which someone replied by writing on the tombstone: "To follow you I'll not consent, Until I know which way you went."

A friend offered this story: A man called Odd hated his name, so he made his wife promise not to put it on his tombstone. After he died, his wife honoured his request and the headstone remained blank. People who passed looked at the headstone and said, "That's odd!"

*[*From a clipping from Seaside Times, October 2011, which Kathleen's mother, Eileen Connolly, had saved to use in the Prescription or other parish magazines.]*



THE ROYAL CANADIAN COLLEGE OF ORGANISTS
LE COLLÈGE ROYAL CANADIEN DES ORGANISTES
SECTION DE VICTORIA CENTRE

International Pipe Organ Day in Victoria

To celebrate International Organ Day on **April 26th, 2025** the RCCO hosts

A Pipe Organ Playing Record Attempt

Our friendly organists, Susanne and the Victoria Centre of the Royal Canadian College of Organists (RCCO), are inviting anyone interested in the pipe organ to see an organ up close, learn about it, hear the various sounds it can make, and – most importantly – play it! Simultaneous FREE day-time events will be held all over Victoria on Saturday, April 26, 2025 from 1-3 pm including at St Luke's Church!

Do you want to re-create some awesome sounds from *Interstellar* and *Pirates of the Caribbean*? Here's your **chance to play St. Luke's 2-manual Casavant organ, which turns 100 years in 2025!** If you have no experience or even a little keyboard experience, you're invited to bring a piece of music and play your favourite piece on the instrument or just put your fingers on the keys and make the pipes sound! **Play what you love!**

You can bring your **camera or smartphone and have a picture taken** of you at the organ console(s). By playing, you will be **participating in our attempt to establish a record for the greatest number of people playing a pipe organ on International Organ Day and establish VICTORIA as the Organ Playing CAPITAL of Canada**



HELP US CELEBRATE
INTERNATIONAL PIPE ORGAN DAY 2025
SATURDAY, APRIL 26TH, 1-3PM

We are aiming to become the Pipe Organ Capital of Canada for 2025 by providing the public the rare opportunity to play many local organs in Greater Victoria. Professional pipe organists will be your guides to an afternoon of joyful learning and discovery.

FREE TO PARTICIPATE

For details on venues to help plan your afternoon visit:
www.rcco-victoria.org/event-details-registration/international-organ-day



A Look Inside the Organ Chamber



This is a look inside the Casavant Op 1103 pipe organ at St Luke's with its many wooden and metal pipes, both big and small! Since it would be too dangerous to send those visiting for the Pipe Organ Day up the ladder to view the pipes, Matthew Robertson took these pictures to share with all of us and our visitors. Thanks, Matthew!



Humour

contributed by Carol Turnham



Thank You for Your Donations to the Mountain of Love

Thank you from the Shelbourne Community Kitchen for your donations to the Mountain of Love. In a note to St. Luke's, Clarice Dillman, Board Past Chair of the Shelbourne Community Kitchen, comments: "I was amazed by all the food that was collected at the St. Luke's food drive. A heartfelt thanks! This will really help stock our empty food shelves!"

The amount of food donated through the Mountain of Love was a whopping 310 lbs! Kim from the Kitchen comments, "Please share our thanks to all who gave so generously and helped to make the Mountain of Love so successful."

We made the Mountain of Love banner at our February 7th Fantastic Friday and started to collect food after that. We collected food for the month of February through to March 9th. The pictures show the "mountain" growing and Kim Cummins, Executive Director of the Shelbourne Community Kitchen, and Daniel viewing our Mountain of Love.

Thank you to everyone who contributed food items and monetary donations to the Mountain of Love.



Words and pictures by Barb Prescott



News from Shelbourne Community Kitchen Team - April 2025



We have some exciting news to share—renovations are complete, and we are through our final inspections! That means on April 1st it was officially time to move in, set up, and transition back into our newly upgraded space for member services. It has been a hilly construction journey! However, to quote those from St. Luke's who came to our Sneak Peek on March 30th, "It was more than worth the wait." The results far exceeded expectations!

As many of you know, in order to make it affordable, the renovations were done in 2 phases: phase 1 brought the space up to code. The recent phase 2 renovations added a commercial kitchen, an additional walk in fridge and a walk in freezer to the food supply area, upgraded the dish room, improved accessibility, improved the pantry area as well as adding an office, a dining room, and meeting room space. Our new cooking and cooling equipment is state of the art!



We now have fire suppression, exhaust, and air-cooling systems. The previous layout we had and the designation with Island Health limited our programs and services. **Now we are able to cook together in person**, serve prepared in-house foods to our members, host canning and preservation workshops, allow in-house cooking programs, and encourage member engagement.

The Kitchen's participants will have the positive impact that comes from learning and cooking alongside friends and peers, and the nourishment that comes from sharing a healthy meal at the dining table. Building community through healthy food requires spending quality time together. With a functional commercial kitchen of our own, we are now able to do so much more to serve our community. **We "Brought The Kitchen Home" and brought the Cook back** in Cook, Grow, Share and Connect!

Photo credit for the pictures of the beautiful new kitchen: Clarice Dillman

Photo credit for the pictures of the coffee time: Barb Prescott

A request: Please do not share on social media any of the pictures of the kitchen until after their Grand Opening Event on April 30th.

What will our new kitchen allow us to serve our community?

Return in-person cooking and food skills programs

Create leadership and workplace training opportunities for our participants

Provide community meals to address social isolation and improve health

Through rentals, the commercial kitchen will provide ongoing operational income

Commercially produce in-house food for our pantry program and to raise revenue

Allow The Kitchen to become more sustainable and self-supporting



With heartfelt gratitude, we want to thank all of you from St. Luke's for believing in us and for your generous and ongoing support of The Shelbourne Community Kitchen. Your commitment to our mission has been instrumental in helping us provide nutritious food, hands-on cooking and gardening programs, and a welcoming space for those who rely on the Shelbourne Community Kitchen. Your support has ensured that we provide dignified programs, foster meaningful connections, and create a healthier, more resilient community.

None of this would have been possible without you. Your generosity and support over the past year and sharing your space has meant the world to us. From the bottom of our hearts, thank you! We simply could have not done it without you!



A big thank you from St. Luke's to the Shelbourne Community Kitchen Team for inviting all of us for a coffee time, with delicious goodies, and a Sneak Peek at your beautiful new kitchen! We were pleased that so many people from St. Luke's were able to come over and enjoy the Sneak Peek and the special coffee time on March 30th. It was great to be able to visit with everyone and see your new space.

Spring Word Search Puzzle



ALLERGIES
APRIL
AROMATIC
BEE
BLOSSOMS
BOUQUET
BREEZE
BUDDING
BUNNY
CALF
CROCUSES
CROPS

DAFFODIL
DUCKLING
EASTER
EGGS
EMERGE
FOAL
FRAGRANT
GARDEN
GERMINATE
GOOD FRIDAY
GROWTH
HATCHING

HOE
HYACINTH
LAMBS
LAWN
LUSH
MAY
MULCH
NESTING
PASTORAL
PLANTING
RAINBOW
SAPLING

SEEDS
SHOVEL
SHOWERS
SNOWDROPS
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Solution on the last page

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Word Search Solution

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