

Welcome to  
**St. Luke Cedar Hill**  
First Sunday of Lent  
February 26, 2023 - 10:00 am  
Holy Eucharist



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*We acknowledge that we gather with respect on the traditional territories  
of the Esquimalt, Songhees and W̱SÁNEĆ people,  
the traditional custodians of these lands.  
We are grateful for their hospitality.*

Prelude (*please be seated*)

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Welcome and Introduction (*The Rev. Daniel Fournier*)

*Please stand as you are able.*

Priest: The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**All: And also with you.**

**Opening Hymn:**  
**CP 175 Forty Days and Forty Nights**  
*(tune: Heinlein)*

**Invitation to Confession:**

Priest: The battle between good and evil  
is writ large in literature, drama and religion.  
Today's readings — indeed, all of Scripture —  
reveal a truth we know all too well.  
Even the best of us has experienced  
the powerful attraction of what we should not do.  
Our tradition tells us even more profoundly  
that the story is larger than temptation or failure.  
We hear, instead, what is possible:  
Grace, justification, obedience, righteousness,  
and life are the real end of the story.

As we prepare to celebrate  
the mystery of Christ's love,  
let us acknowledge our failures  
and ask the Lord for pardon and strength.

*Silence is kept.*

Priest: Holy God,

**All: Father eternal, giver of light and grace,  
we have sinned against you**

and against our neighbour,  
in what we have thought,  
in what we have said and done,  
through ignorance, through weakness,  
through our own deliberate fault.  
We have wounded your love,  
and marred your image in us.  
We are sorry and ashamed,  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past;  
and lead us out from darkness  
to walk as children of light.  
**Amen.**

**Absolution:**

Priest: May the Father of all mercies  
Cleanse us from our sins,  
and restore us in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord.

**All: Amen.**

**The Collect of the Day**

Priest: God be with you.

**All: And also with you.**

Priest: Let us pray.

Spirit of the desert,  
you drove Jesus to the edge of the world  
to seek your truth and find his calling:  
scour our hearts and awaken our hunger,  
so that freed from empty clinging  
we may serve only you and the Creator;  
through Jesus Christ, the Lord of the wilds.

**All: Amen.**

*Please be seated.*

## The Liturgy of the Word

### FIRST READING: GENESIS 2: 15-17

Reader: A Reading from the Book of Genesis.

*The reading can be found here:*

<https://lectionary.anglican.ca/nrsv/?date=2023-02-26>

*At the end of the reading:*

Reader: Word of God, Word of Life.

**All: Thanks be to God.**

### PSALM 32

Response: **O Lord, you forgave me the guilt of my sin.**

Happy are they whose transgressions are forgiven,  
and whose sin is put away!

Happy are they to whom the Lord imputes no guilt,  
and in whose spirit there is no guile! **(Response)**

While I held my tongue, my bones withered away,  
because of my groaning all day long.  
For your hand was heavy upon me day and night;  
my moisture was dried up as in the heat of summer.  
**(Response)**

Then I acknowledged my sin to you,  
and did not conceal my guilt.  
I said, "I will confess my transgressions to the Lord."  
Then you forgave me the guilt of my sin. **(Response)**

Therefore all the faithful will make their prayers to you  
in time of trouble;  
when the great waters overflow, they shall not reach them.  
You are my hiding-place; you preserve me from trouble;  
you surround me with shouts of deliverance. **(Response)**

"I will instruct you and teach you in the way that you should go;  
I will guide you with my eye.  
Do not be like horse or mule, which have no understanding;  
who must be fitted with bit and bridle,  
or else they will not stay near you." **(Response)**

Great are the tribulations of the wicked;  
but mercy embraces those who trust in the Lord.  
Be glad, you righteous, and rejoice in the Lord;  
shout for joy, all who are true of heart. **(Response)**

## **SECOND READING: ROMANS 5: 12-19**

Reader: A Reading from the Letter of Paul to the Romans.

*The reading can be found here:*  
<https://lectionary.anglican.ca/nrsv/?date=2023-02-26>

*At the end of the reading:*

Reader: Word of God, Word of Life.

**All: Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn: CP 176 By the Holy Spirit Sent**  
*(tune: Lew Trenchard)*

## **THE GOSPEL: MATTHEW 4: 1-11**

Reader: The Lord be with you.

**All: And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ  
according to Matthew.

**All: Glory to you, Lord Jesus Christ.**

*The gospel can be found here:*  
<https://lectionary.anglican.ca/nrsv/?date=2023-02-26>

*At the end of the gospel:*

Reader: The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

Homily: The Rev. Daniel Fournier

Anthem: *A Lenten Prayer* by A. Salieri, arr. H. Hopson

*Please stand as you are able.*

**An Affirmation of Faith:** *(New Zealand Prayer Book)*

Priest: Let us declare our faith in God:

**All: You, O God, are supreme and holy.  
You create our world and give us life.  
Your purpose overarches everything we do.  
You have always been with us.  
You are God.**

**You, O God, are infinitely generous,  
good beyond all measure.  
You came to us before we came to you.  
You have revealed and proved  
your love for us in Jesus Christ,  
who lived and died and rose again.  
You are with us now.  
You are God.  
You, O God, are Holy Spirit.  
You empower us to be your gospel in the world.  
You reconcile and heal; you overcome death.**

**You are our God. We worship you.  
Amen.**

*Please be seated.*

## **Prayers of Thanksgiving and Intercession:**

*In response to the words, "God in your mercy,"  
the community prays, "**Hear our prayer.**"*

Let us bring the needs of the church, the world,  
and all in need, to God's loving care....

Your love is unconditional, Compassionate God,  
wider, deeper and truer than we can ever fully know,  
for those of us who find it hard to accept ourselves.

God in your mercy,  
**All: Hear our prayer.**

Compassionate God,  
for those of us who feel stretched and tired  
and whose lives are strained and stressed.

God in your mercy,  
**All: Hear our prayer.**

Merciful God,  
for those of us holding onto life by our fingertips,  
or whose grip upon life is fragile.

God in your mercy,  
**All: Hear our prayer.**

Healing God,  
for those of us whose illness makes us vulnerable,  
or leaves us isolated.

God in your mercy,  
**All: Hear our prayer.**

Loving God,  
For those of us whose journey is chaotic  
or find ourselves in turmoil.

God in your mercy,  
**All: Hear our prayer.**

Caring God,  
For those of us whose calling  
is to journey with and care for others.

God in your mercy,

**All: Hear our prayer.**

We offer these prayers  
and the unspoken prayers of our hearts  
in the name of Jesus Christ.

**All: Amen.**

**The Peace:** *Please stand as you are able.*

*For the peace, please acknowledge your greeting of peace  
by a simple bow – with no physical contact.*

Priest: The peace of the Lord be always with you.

**All: And also with you.**

**Offertory Hymn: CP 607 Come, Let Us to the Lord Our God**  
*(tune: St. Bernard)*

### **The Liturgy of the Eucharist**

**Prayer over the Gifts:**

Priest: God our provider,  
you have fed us not with bread alone,  
but with words of grace and life.  
Bless us and these your gifts,  
which we receive from your bounty,  
through Jesus Christ our Lord.

**All: Amen.**



## **Eucharistic Prayer:**

*[Source: Supplementary Eucharistic Prayer 3 - Eucharistic Prayers, Services of the Word, and Night Prayer Supplementary to The Book of Alternative Services. 2001.]*

Priest: The Lord be with you.

**All: And also with you.**

Priest: Lift up your hearts.

**All: We lift them to the Lord.**

Priest: Let us give thanks to the Lord our God.

**All: It is right to give our thanks and praise.**

Priest: We give you thanks and praise, almighty God,  
through your beloved Son, Jesus Christ,  
our Saviour and Redeemer.  
He is your living Word,  
through whom you have created all things.

By the power of the Holy Spirit  
he took flesh of the Virgin Mary  
and shared our human nature.  
He lived and died as one of us,  
to reconcile us to you,  
the God and Father of all.

In fulfilment of your will  
he stretched out his hands in suffering,  
to bring release to those who place their hope in you;  
and so he won for you a holy people.

He chose to bear our griefs and sorrows,  
and to give up his life on the cross,  
that he might shatter the chains of evil and death,  
and banish the darkness of sin and despair.  
By his resurrection  
he brings us into the light of your presence.

Now with all creation we raise our voices  
to proclaim the glory of your name.

*(From Common Praise # 735):*

**All: Holy, holy, holy Lord,  
God of power and might.  
Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full,  
full of your glory.  
Hosanna in the highest,  
hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest,  
hosanna in the highest.**

*Congregation may sit or kneel at this time.*

Priest: Holy and gracious God,  
accept our praise,  
through your Son our Saviour Jesus Christ;  
who on the night he was handed over  
to suffering and death,  
took bread and gave you thanks,  
saying, "Take, and eat:  
this is my body which is broken for you."

In the same way he took the cup,  
saying, "This is my blood which is shed for you.  
When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection,  
we offer you this bread and this cup,  
giving thanks that you have made us worthy  
to stand in your presence and serve you.  
We ask you to send your Holy Spirit  
upon the offering of your holy Church.

Gather into one  
all who share in these sacred mysteries,  
filling them with the Holy Spirit

and confirming their faith in the truth,  
that together we may praise you  
and give you glory  
through your Servant, Jesus Christ.

All glory and honour are yours,  
Father and Son,  
with the Holy Spirit  
in the holy Church,  
now and for ever.

**All: Amen.** (*Sung 5 times - From Common Praise # 737*)

**The Lord's Prayer:** *Please stand as you are able.*

Priest: In the words that our Saviour taught us, we pray:

**All: Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever.  
Amen.**

**Breaking of the Bread:** (*From Common Praise # 747*):

**All: Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer, redeemer of the world,  
give us your peace, give us your peace.**

**The Giving of Communion:**

Priest: The table of bread and wine is now ready.  
It is the table of company with Jesus,  
and all who love him.

It is the table of sharing with the poor of the world,  
with whom Jesus identified himself.

It is the table of communion with the earth,  
in which Christ became incarnate.

So come to this table,  
you who have much faith  
and you who would like to have more;  
you who have been here often  
and you who have not been for a while;  
you who have tried to follow Jesus,  
and you who have failed;  
Come.

It is Christ who invites us to meet him here.

God's holy gifts for God's holy people.

**All: Thanks be to God.**

*At this time, we are only sharing bread for communion. Please follow the directions of the sidespeople as each section is invited to come forward to the Altar Rail. Please exit to the chapel side and return to your seat.*

*If you would prefer not to receive communion, please come forward for a blessing. Crossing your hands over your chest will signal the priest to give you a blessing instead.*

**NOTE:** *Gluten free wafers are available on request.*

*Please remain seated as we sing the hymn during communion.*

**Hymn during Communion: CP 360 Bless the Lord, My Soul**

*(tune: Bless the Lord)*

**Prayer after Communion:** *Please stand as you are able.*

Priest: Faithful God,  
in this holy bread  
you increase our faith and hope and love.  
Lead us in the path of Christ

who is your Word of life.  
We ask this in his name.

**All: Amen.**

Priest: Glory to God

**All: whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God,  
from generation to generation,  
in the Church and in Christ Jesus,  
For ever and ever.  
Amen.**

**Benediction:**

Priest: Whatever wilderness the Spirit has brought you to:  
walk in boldness, as a beloved child of God  
walk in peace, under the shelter of the Most High  
walk in faith, knowing Christ walks with you;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All: Amen.**

**Closing Hymn: CP 506 Lord of All Hopefulness**

*(tune: Slane)*

**Dismissal:**

Priest: Go in peace to love and serve the Lord.

**All: Thanks be to God.**

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**Postlude**

*Thank you to all who assisted with today's service.*

**IN THE WORLDWIDE ANGLICAN PRAYER CYCLE, we pray for** The Scottish Episcopal Church, and The Most Revd Mark Strange, Primate. **In the Canadian Anglican-Lutheran Cycle of Prayer, we pray for** The Rt. Rev. John Organ, Bishop, and the clergy and people of the Diocese of Western Newfoundland (Anglican); The dean, council, and congregations of the Georgian, Huronia and Bay Areas of the Eastern Synod (Lutheran). **In our Diocesan Prayer Cycle, we pray for** Anna, our Bishop, and for the Parish of Pender and Saturna Island. **We also pray for** Lutheran Church of the Cross and Pastor Lyle and Pastor Lyndon, and for the Territory of the People and The Right Reverend Jane Alexander, Interim Bishop.

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### **THIS WEEK'S PARISH NEWS**

**February 26<sup>th</sup> – March 5<sup>th</sup>**

**(\*\*New Items, \*Revised Items)**

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**\*This year's Annual General Meeting (AGM), also known as our Annual Vestry Meeting,** will be held in the hall after the 10 am service. The meeting will include a review of reports from 2022, voting on the budget for 2023, and the election of Parish Council members, Synod delegates, and the Leadership Team members.

**\*Reflections, our Sunday evening service, will take place in the church tonight, February 26<sup>th</sup>, at 7:00 pm** – This month's Reflections will feature the **Bourdons, an early music ensemble**, and the theme is Ancient Music, Ancient Words. This Reflection Time will include prayers from some of our ancient faith ancestors. Before the reading of each prayer, a very brief bio of the saint will be read. The readings, prayers, and music of this special Reflection Time will calm your spirit and soothe your soul.

**Attention Crafters!** Joanne Jolson and Heather Simpson are hosting a **craft night on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday each month in the Sequoia Room (Lounge) from 6:30 to 8:30 pm.** The next Craft Night will be on **Thursday, March 2<sup>nd</sup>.** Bring a craft

project you have started. Please talk to Joanne or Heather if you have any questions.

**\*Our Next Fantastic Friday will be THIS Friday, March 3<sup>rd</sup> from 4:30 to 6:30 pm** – Invite your friends, neighbours, children, and grandchildren to join in the fun and find out why these Fridays are fantastic! Dinner is included. For more information or to offer to help (always greatly appreciated!), please talk to Tara Poillievre, Barb Prescott, Sharon Hallsor, or Claire White.

**\*\*Earthquake Relief for Turkey and Syria** – We are collecting donations for those affected by the earthquake in Turkey and Syria. You can make a donation by: **Cheque** (put it in the collection plate on Sunday, mail it, or drop off at the hall) - please note on your cheque or envelope that it is for the Earthquake Relief; **E-Transfer** (from your bank account) - note that it is for the Earthquake Relief; **Credit Card** (Canada Helps) - choose Earthquake Relief.

**\*\*It's Spring in St. Luke's Cemetery** and by this time of year, the Christmas arrangements still on the graves are looking out of place. If you placed an arrangement on a family grave before Christmas, could you please recover it before the beginning of March. The Cemetery Committee will remove any seasonal arrangements remaining on the graves in March.

**Coffee Time Volunteers Needed** – Our popular Coffee Time after the 10 am service needs **volunteers for March 19<sup>th</sup> and April 9<sup>th</sup>**. If you could assist with set up, and/ or clean up, please contact Barb Felsing.

**Reusable Grocery Bags Needed by the Shelbourne Community Kitchen** – The reusable grocery bag supply at the Shelbourne Community Kitchen is running very low and they want to do their part to reduce waste and save costs at the Kitchen. They will gratefully accept reusable grocery tote bags and paper or plastic bags, grocery-size only. Reusable bags can be added to the collection baskets for the Kitchen in the church and the hall.

## Welcome To St. Luke Cedar Hill



Thank you for visiting today.  
For more information about St. Luke's,  
visit St. Luke's website:  
<https://www.stlukesvictoria.ca>,  
send an e-mail: [admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca),  
or phone: 250-477-6741.

We hope you will visit again!

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**Rector:** The Reverend Daniel Fournier  
**E-mail:** [incumbent@stlukecedarhill.ca](mailto:incumbent@stlukecedarhill.ca)

***For Pastoral Care Needs, please contact the office***

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**People's Warden:** Brenda Morgan  
**E-mail:** [bmorgan@stlukecedarhill.ca](mailto:bmorgan@stlukecedarhill.ca)

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### READINGS FOR NEXT SUNDAY March 5, 2023

Genesis 12: 1-4a  
Psalm 121  
Romans 4: 1-5, 13-17  
John 3: 1-17

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### FLOWERS

*Flowers at St. Luke's are coordinated by Ann Séguin.  
There are no flowers during Lent.*

*Please contact Ann if you would like to make  
a donation towards flowers at the Easter services.*